



Report
of
SEVEN DAY/NIGHTNSS SPECIAL CAMP
2023-24

24th Jan to 30th Jan 2024

Under the theme

Youth Fascination: Village Development &
Population Control

Submitted to :

National Service Scheme

Ministry of Youth Affairs and Sports, Govt. of India

by :



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Foreword

The NSS Unit at Sitabai Thite College of Pharmacy, Shirur has been trying to follow and nurture the ideology of NSS in a manner that ensures meaningful participation of all stakeholders. The activities carried out in Seven Day/Night Special NSS Camp- 2024 have served as an eye opener for the young NSS volunteers about the contemporary problems that our country is facing. The special initiatives, lectures and activities undertaken during the camp have served as a milestone in fostering social responsibility and nationalism among young NSSvolunteers. has always had a strong vision and commitment toward the service of the society and its weaker sections. With deep sense of gratification, we take pride in the successful completion of the camp by the NSS volunteers of the College. Our NSS Units worked on andoff the campus with great enthusiasm and zeal. There are some remarkable social service activities done by the unit. For instance, Cleaning Drive, plantation drives, Health Check-up camp, generating awareness about waste segregation, Eye checkup camp, cleaning of campus and surroundings by NSS volunteers, sensitization programs on sanitation, Disease awareness,communicable disease, Controlling of diabetes, Hypertension, hygiene and cleanliness inadopted village Nighoj. The insemination of these activities, we believe will go long way in dispersing the seeds of Clean, Healthy and Green surroundings throughout the world through our NSS volunteers. We are pledged to social service and to take this initiative beyond the stipulated time frame. The principles on which NSS as an organization is built, has inherent characters in line with the cause of nation building through service. The activities done by the NSS volunteers during the camp helped them to equip themselves with an insight, sensitivity and close understanding of the problems that are faced at the grass root level. With the field experiences, our volunteers have learnt how to lead a life of dignity with positive mind set andcontribute to the growth of Nation by one or the other way. The enthusiasm which our volunteers put their heart into the NSS initiatives, this learning experience is bound to becomea movement in itself in the times to come.

We take this opportunity to express our gratitude to Dr. Dwarkadas Baheti, our worthy Principal, for her valuable inputs, guidance and support throughout the year. We congratulateand extend our best wishes to NSS volunteers, teaching and Non-Teaching staff who have made this journey a success due to sincere and sustained efforts and for their keen efforts to accomplish the targets in the planned activities.

NSS UnitsSitabai Thite college of Pharmacy, Shirur

Seven Day/ Night NSS Special Camp

Special Camping forms an integral part of National Service Scheme. It has a special appeal to the youth as it provides unique opportunities to the students for group living, collective experience sharing and constant interaction with the community.

The primary objectives of the special camping programs are:

- Making education more relevant to the present situation, to meet the felt needs of the communities and supplement the education of university/college/school students by bringing them face to face with the prevailing situation of the community.
- To provide opportunities for students to play their due roles in the implementation of various development programs by planning and executing development projects, which not only help in creating durable community assets in rural areas and slums but also result in the improvement of the condition of weaker sections of the communities.
- Encouraging the students and non-student to work along with the adults in rural areas, thereby developing their character, social consciousness and commitment, discipline and healthy and helpful attitudes towards the community.
- Building potential youth leaders by exploring the latent potential among the campers, both students as well as local youth (rural and urban), with a view to involve them more intimately in development projects for longer periods. The local leadership generated during the camps would also be useful in ensuring proper maintenance of the assets created as a result of the camps.
- Emphasizing the dignity of labor and self-help and the need for combining physical work with intellectual pursuits, and encouraging youth to participate enthusiastically in the process of national development, and promote national integration through democratic living and cooperative action.

NSS Camp 2024

24th Jan to 30th 2024

The Seven Day/Night NSS Special Camp was held at Nighoj from 24 Jan to 30 Jan 2024. More than 50 volunteers registered for this camp with full cooperation, zeal and participated enthusiastically in the camp under the able supervision of Ms. Monali B Parbhane Program Officer of NSS under the guidance of Dr. Dwarkadas Baheti , Principal Sitabai thite college of pharmacy , Shirur.

The main objective of the camp was to evolve the volunteers as a human and as an agent of social change. Its thrust was on activities and lectures that help the volunteers to work for the community, in the community and with the community. Multifarious interactive sessions, workshops, demonstrations and lectures were held in order to educate the volunteers about certain social, physical, psychological and political phenomenon. Each day began with various interactive sessions, guest lectures as well as field work.

	<ul style="list-style-type: none"> • Eye Check up Camp 	Dr. Darshan Chandrakant Dhage
	DAY 3	
26-01-2024	<p>Flag Hosting At Glorious International School</p> <ul style="list-style-type: none"> • Lecture on Health and Nutrition • Special deliberations on NSS • Lecture on Nation First • CPR Training 	<p>Mrs. Monali Parbhane</p> <p>Mr. Padwal Mangesh (Alumni)</p> <p>Dr. Mandar Akkalkotkar</p> <p>Dr. Mandar Akkalkotkar</p>
	DAY 4	
27-01-2024	<ul style="list-style-type: none"> • Lecture on Shivaji Maharaj – The Ideal for Youth • Health Checkup Camp • Cleaning at Nighoj Kund • Street play – Organ Donation • Street Play – Population Control 	<p>Mr Sagar Bhalake</p> <p>Dr. Akash Somavanshi</p>
	DAY 5	
28-01-2024	<ul style="list-style-type: none"> • Cultural Program 	Dr. Amol Shah
	DAY 6	
29-01-2024	<ul style="list-style-type: none"> • Cleaning drive at Cremation Area- Smashan Bhoomi • Visit to Nighoj Kund 	
	DAY 7	
30-01-2024	Valedictory	Ms. Chitratai Sachin Varal

24 January 2024

Activity-I: Cleaning Drive

Clean-up drives are an effective way to clear waste from natural habitats. Moreover, the visual impact of seeing others cleaning up a particular place littered with waste can have a domino effect and compel people to reflect on their actions. All volunteers engage in the cleaning activity where they stay for 7 days.

All the volunteers were divided into various committees and each volunteer was allotted different committees according to their interests. For each day volunteers were given responsibilities. The different committees were the namely Discipline committee, Hospitality committee, Documentation committee, Photography committee, Stage management and Cultural committee. Every day morning the Volunteers undergo a warm up exercises or suryanamaskar for 30 to 40 minutes.

In the evening session, To improve the stage daring and communication skill every volunteer gave speech about her/his own interesting subject, activity was conducted by the volunteers. It was to promote the sense of “humor” among the team. The subject regarding the recent trends or issue of health & their improvement strategies, life threatening diseases, importance of hygiene, water conservation and Cleaning drive, Social Issues, Importance of education, woman empowerment, gender equalization were shaped artistically by the volunteers The night activity at the hostel was filled with fun and interaction. These basic conversation sessions aimed at improving communication skills and to develop confidence in the volunteers and learn lessons from each other’s life experiences. The day was filled with various new experiences which for sure helped each one of us to grow in one way or the other.

Inauguration Ceremony

On 25 January 2024, the Seven Day and Night NSS Camp was inaugurated by our worthy principal Dr. Baheti D G Sir congratulated the NSS Unit and encouraged the volunteers for continuing the same efforts in future. His words helped to sensitize the volunteers regarding social responsibility of youngsters and gave several tips how to serve the society in better way. He shared his personal experiences and the way college has been exercising the practices related to water conservation and waste management. Dr. Baheti concluded his speech by inspiring youth by giving example of Chhatrapati Shivaji maharaj & saint Gadage baba thus boosted the spirits of the volunteers. For Inauguration The guest of honor Mr. Sachin Varal and Mrs. Chitraitai Varal who is the sarpanch of Nighoj motivates all the students about their work toward social awareness. For the inauguration program Mr. Dnyaneshwar Warkhade, Dr. Ganesh Khatake & Dr. Akash Phunde was present. The inaugural ceremony was followed by a Motivational speech given by Mr. Amol Thorat who is the Khwada movie famous hero which encourage NSS Volunteers. He express his struggle in very interesting way which motivates the common man to become a unique person.

All the volunteers who wanted to take part in cultural dances and events to be performed in the cultural event started their preparations. Performances were planned to highlight the cultural diversity of our country. A fusion of Kathhak and Marathi folk dances to promote Ek Bharat Shreshtha Bharat, A skit on Swatchhta Volunteers began their practices with full zeal and enthusiasm.

Every activity requires appreciation and criticism to perform better the next day and no one can do it better except the people who have experienced it. The evening session was a reflexive session and discussion on further day's activities. Under this activity, Reflexive



forms were distributed to all the volunteers to record their best learning of the day and some suggestions from their point of view. All the volunteers participated actively. Volunteers were

divided into groups to work with co-operation and different themes were given to each

group.

“Ek Bharat Shreshtha Bharat”

Activity-I: 25-01-2024- A lecture on Immune System, HIV, its effects, AIDS, the difference between the two, its transmission, high behavior risks of transmission, HIV infection, efficiency of Transmission, activities that do not allow transmission by Mrs. Parbhane Monali & NSS Volunteers play a street act play in front of school and college students of Glorious International School.

Objective:

- A comprehensive explanation and information about intimate hygiene and AIDS with a goal to educate the volunteers in detail about the same so that they can further aware the residents of the village and prevent the spread of this disease merely by awareness.
- A brief discussion on HIV/AIDS care, high risk groups and the role of youth in this.
- An awareness lecture and discussion on personal hygiene, important tips on intimate hygiene, knowledge about the products we use, cleanliness of intimate parts, certain tips while menstruating and so on.
- An idea about the child sexual abuse prevention and HIV prevention and the role of youth in propagating this.
- A detail discussion about the immunity and nutrition after covid 19 is delivered by the experts

Impact: The volunteers, youth of today, learnt their part in propagating the prevention of HIV and took note of important steps to be practiced during menstruation. It helped to clear various taboos and superstitions that are deep rooted in the society regarding menstruation and treatment of women during those days. This lecture came out to be very useful for them as it was later carried forward to the villagers, in order to aware them of certain significant concepts.

Activity-II:25-01-2024- A lecture on “Nutrition and Healthy Eating Habits” was conducted by Mrs. Monali B Parbhane. She explained that nutrition is a journey and our health should not be taken for granted by focusing on components of diet and their right amounts required by our body. She further explained that Diet is not Magic it should be further clubbed with exercise. She explained the importance of various fats and minerals. Importance of healthy sleeping habits and harms of skipping meals was explained to volunteer.

The evening session was graced by the esteemed guest Mr. Shinde Nishikant (SDO STCOP) under the *Rashtriya Seva Yojna*. He enlightened the volunteers by highlighting the importance of NSS. He energized all the volunteers by different games and he shared how courage, passion and sense of responsibility should be the major qualities of a NSS volunteer. Mr. Pawar further elaborated the role of NSS in character and personality development of youth.

Activity IV-25-01-2024 -Sammohan Shastra - Hypnotism to improve memory power- by Mr. Sampad Kadalkar

The scientific way to boost our brain power was demonstrated by Mr. Sampad Kadalkar. He was the fine artist about the hypnotism. He gave the practical demonstration about the power of rekki & hypnotism to empower the brain activity. All students were participate in the activity.

Activity V- 25-01-2024 -In the evening session our Program officers interacted with the volunteers to encourage and enlighten them with their words and how to contribute to society and have a different outlook.

Objective: The main objective of this was:

- To bring out the best in students and help them to discover their capabilities.
- The Program Officers, with the help of number of examples explained the importance of social work and moreover, how it contributes in the development of an individual.
- The purpose of NSS and how it contributes in individual and social development.
- How volunteers can make social work their profession.

Methodology: It was an open-ended discussion, whereby volunteers were allowed to keep their views and interact with the PO's and other students. Through interaction and various live examples, they portrayed the significance of NSS and social work in general.

Impact: As a result of this, the volunteers were able to develop confidence in them and thought of inculcating self-evaluation as a necessary means to comprehend themselves and their inner capabilities. This discussion also helped them to know how social work can become their profession and passion, and on the other hand its worth in academics. Later, at night the volunteers made posters on various themes such as "Swachhta" and "Water Conservation". The night activity is what helped the volunteers mingle with each other and gain their confidence through basic interaction.

Activity VI- 25-01-2024 – Eye Checkup Camp – By Dr. Darshan Dhage

Under the health awareness program, Eye check-up camp was organized with the collaboration of Dhange opticals Shirur. Around 96 Patient checked during the camp & Free medicines also provided for to the needy people.

Activity VII: 26-01-2024 Republic Day Celebration at Glorious International School

On the auspicious morning of 26th January 2024, to celebrated Republic Day all NSS Volunteer's gather in the Glorious International school premises. It was the matter of great pride for all of us. The principal, teachers and the students didn't want to leave any stone unturned in making this monumental day a memorable one. The students from different hostels as well as all the day scholar students gathered in the school campus at 6:30 a.m. Then the Principal of the school, Mr. Ganesh Varal delivered a brief valuable speech on the significance of the day. After this, students presented cultural items. These cultural items included patriotic songs, folk dances and speeches. Then the function ended with the distribution of chocolates among the students. Despite weather being inclement, all the teachers as well as the students enjoyed 75th Republic Day with great enthusiasm To celebrate the republic day all NSS volunteers gather at Glorious International School. Celebration begins with cleaning of school and in afternoon NSS volunteers communicate with the geriatric patients & counsel them about the drugs and the disease mostly they counsel about diabetes, Hypertension, hypotension, Thyroid disease, weight gain, Arthritis, weakness, anemia, osteoporosis. Volunteers also counsel about the importance of proper

medication, family support, continuity about the drug therapy, drug resistance & importance of healthy food to avoid any disease.

Activity VIII- 26-01-2024- Nation First Lecture & CPR Training By Dr. Mandar

Akkalkotkar The objective of this lecture was to inculcate various characteristics in one's life like spiritual balance, optimistic approach towards solving problems, learn to face the realities, self-criticism, self-compassion, prioritize things that matter, have patience, to live in the present moment, to nurture our creative abilities and most importantly how to heal oneself. The main highlights of the session are given below:

- Spiritual balance, which helps oneself to stay focused and concentrated in one's life by merely connecting oneself with god.
- Optimistic approach towards solving problems lessens our daily burden and our way of dealing with difficulties also changes.
- Learn to face the realities gives us inner strength and helps us to expect less.
- Self-criticism is necessary to evaluate oneself and know our strengths and weaknesses.
- Self-compassion, one should treat oneself tenderly and with patience while suffering.
- Prioritize things that matter and cut-short what's least important in life.
- Have patience while dealing with self and others.
- How to train one's mind to live in present
- To nurture our creative abilities and let them help to evolve us.

And most importantly, how to heal oneself after going through a tough situation. Later, in the evening session, the volunteers made posters to depict the vivacity of the culture, tradition and ethnicity to show Flagship programme "Ek Bharat Shresht Bharat". This initiative would not only increase the unity among the volunteers, but also fill them with a sense of pride and respect for the richness of our culture and heritage

The second session of the lecture was high on yuletide spirit. The session of the day was conducted by Dr. Mandar Akkalkotkar on "Basic Life support system" and basic first aid tips. Also, many volunteers actively took the Organ Donation pledge as a part of this session.

The demonstration conducted by the team was very interactive. They mainly focused on the importance of CPR (Cardio Pulmonary Resuscitation). The objective of this whole session was

to save lives at the time of emergency by spreading awareness about CPR and avoiding any unnecessary loss of life. 50-60 out of each of 100 lives can be saved by CPR as it is very common these days especially in winters. It is an emergency procedure and requires rapid and

efficient response, available equipment and personnel trained in life-saving procedures.

Objective: The main objective of this session was to educate the volunteers about:

- The Basic Life Support given during a cardiac arrest.
- Several first aid tips on choking, nose bleeding, injury, animal bites etc.

Activity IX– 27-01-2024 -Awareness Rally on „Organ Donation, HIV treatment & precaution, TB Precaution. and PathNatya at Village Nighoj The volunteers walked the streets of Nighoj to spread awareness on clean and hygienic India. They showcased various posters and banners to interact with the people. Being situated in such a well-planned city, Nighoj , the village people were still not aware about the basic issues of our environment and water conservation. The roads were under developed and plasticusage was high. Water has been in shortage there and techniques about water conservation were required. Hence this rally created a path for awareness among folks about such social issues.

NSS volunteers also give information about the disease and how to control on it. The patient counseling was done by NSS volunteers.

Objective: The rally was conducting keeping in mind the following goals:

- To create awareness on cleanliness.
- To encourage the residents of the village, to be part of cleanliness drives and practice it regularly.
- To depict that with unity or togetherness significant change can be brought in the society.
- The aim was to create awareness among village people about the depletion of natural resources, their sustainability, importance and various techniques to protect them.
- **Impact:** The villagers were motivated by the awareness rally hence they participated in it actively which set the foundation for future activities to be held in the village. The rallies are symbolic of, “together we can do it” and with this spirit, the volunteers conducted the rally and initiated the wave of change towards adapting cleanliness. The volunteers with this learnt to showcase their ideas well and how to involve large number of people to bring change. The activity paved a way for the members to know each other better. There had been session for the awareness among volunteers, but this activity promoted interaction and

hence harmony and better coordination among the best volunteers.

Activity X- 27-01-2024- **Shiv – Vyakhyan** By **Mr. Sagar Bhalake** Session on Shiv Vyakhyan was taken by professor Sagar Bhalake on 27-01-2024. He spoke about the historical events at times of Chatrapati Shivaji Maharaj & Chatrapati Sambhaji Maharaji.

Activity-XI:27-01-2024- Awareness on Women Health and Menstrual hygiene . The aim was to highlight health related issues faced by the women with a special focus on Menstrual Hygiene and the importance of Happiness which can be achieved through sound mental health.

Objectives:

- To highlight various health related issues faced by the women with special focus on Menstrual Hygiene
- Eradicate social taboos and myths regarding menstruation.
- Proper disposal of sanitary napkins.

women are more prone to Cancer because of the various problems such as PCOD/PCOS; white discharge; cyst tumour; irregularity in their menstrual cycle. He discussed the early signs as well as the reasons for development of these problems. This was followed by a live demonstration of the effectiveness of the sanitary napkins with the motive to spread the message among the volunteers to be more cautious while choosing their sanitary napkins.

Impact: This was one of the most amazing interactive sessions in which the volunteers learned about the menstrual hygiene management. The students learnt various facts about it and how to dispose a sanitary napkin and its various substitutes. It also helped to wipe out to conventional taboos in relation to periods. In all fifth day of NSS camp was a reflection of new ideas and insight.

Activity XI – 28-01-2024 - Cultural Event-The objective of the second session was to showcase the diversity in Indian religions, traditions, culture and ethnicity. The volunteers geared up for their performances to be showcased in the upcoming cultural program. A “Lavani - Kathak ” fusion. The participants worked enthusiastically and passionately with strong team work and seemingly unbreakable unity. In the Evening session, team work and

coordination were clearly visible as volunteers geared up for the cultural dance event. The volunteers were full of enthusiasm; zeal as the dress rehearsals of the entire cultural programme was done. This session intended to achieve perfection in the Cultural performances in order to put forth a successful show in the camp.

- **Activity XII-29-01-2024** – Cleaning drive at Cremation Area- Smashan Bhoomi On the 6th day of the NSS camp on 29 Jan 2024, by breaking all the stereotypes, the NSS team engaged in a cleanliness drive at the cremation ground, emphasizing the importance of maintaining a clean and respectful environment. Volunteers actively participated in clearing debris, ensuring a dignified space for the community.
- **Activity XIII -29-01-2024** – Visit to Nighoj Kund - This place is having a natural river bed which consists carved rocky structure of kukdi river bed. The rocks are also having circular potholes. These potholes and carved rocks are formed due to small stone in the river flow, thousand of years earlier. The place is interesting to see. The 'maalganga' temple is also situated at river bank. To know the historic status of the place, the visit was organized in the camp.

Valedictory Function -

The aim of valedictory was to put forth the endeavours done by the NSS unit during the camp and to show the glimpses of the Seven Day and Night Camp-2024 based on the theme Swachh Bharat Abhiyan and Jal Shakti Abhiyan. Apart from this, the camp also promoted the idea, vision and theme of „Ek Bharat Shreshtha Bharat“. As it was the last day of the camp, the NSS volunteers piloted a Cultural Event which included various cultural performances and a full overview of the camp was also given. The event was graced by Mr. Jayram Pawar State Liaison Officer (NSS) Pune Gramin. After welcoming him we commenced our event by remembering our NSS founders and singing NSS Song. Saraswati vandana was recited by our NSS volunteers to seek the blessings of Goddess Saraswati. A full report about the activities conducted in the camp was given by our NSS volunteer. A heartfelt speech was given by Mr. D G Baheti to make the students aware about the true meaning of being a NSS volunteer. He asked the volunteers to always strive for selfless help and relish the meaning of being a NSS volunteer in its true sense.

Our NSS volunteers have been working all over the year to serve the community and bring the best out of them but there are some volunteers who have put their heart and soul throughout the year and especially during the camp. So to acknowledge those volunteers the Award of Appreciations were given to them.

Award of appreciation for commendable job during the Camp-2023		
Bhavana Bandal	Himanshu Yadav	Prajwal Sonawane
Tejas Raut	Kshitija Kharat	Salman Pathan
Saurabh More	Pranav Badgujar	Hitakshi Yadav
Khushal Kolhe	Dnyanda Jadhav	Shubham Badhe
Ajinkya Chaudhari	Tejaswi Bandal	Khole Kushal
Best camper Bhavana Bandal	Best Social Worker Himanshu Yadav	Best Organizer Prajwal Sonawane

Principal of STCOP Dr. D G Baheti & Sarpanch Mrs. Chitratai Varal congratulated the Programme officers, Mrs. Parbhane Monali and the whole team of NSS for the success of the camp. The event was concluded by a vote of thanks given by our program officers. Overall, the event was a huge success and the volunteers had participated with full zeal and enthusiasm.

The above mentioned activities have highly contributed in developing the skills of the students and help them to evolve as an individual in the various spheres, like management, creativity, speaking, and so on. The energy of the volunteers came out like a fire of change. Creativity and imagination have no bounds. Hence, the volunteers carved their thoughts about the above- mentioned topics in diverse and expressive way through various activities. Working together, helped them to learn the group skills- like patience, team spirit and helpfulness. With creativity comes thoughts that are emphatic. These activities were focused to enhance their skills and be fruitful to them in future. Our worthy Principal Dr. Baheti D G said that guided by the philosophy that cleanliness is a comprehensive term that encompasses not just environmental cleanliness but also cleanliness of mind and soul, the College has added new dimensions to the Swachh Bharat Mission by its endeavours focusing on empowering young minds with wisdom.

NEWS-

समर्थ भारत

थिटे फार्मसी विद्यालयाकडून आरोग्य शिबीर

» समर्थ भारत वृत्तसेवा

निघोज ता. २९ : शिरूर येथील सीताबाई थिटे फार्मसी कॉलेजच्या वतीने निघोज येथे आरोग्य शिबीर घेउन समाजहिताचे काम केले असून श्रमसंस्कार शिबीराच्या माध्यमातून सामाजिक, शैक्षणिक व आरोग्यमय उपक्रम राबवीत कॉलेजने जनतेच्या सुखा दुखात सहभागी होऊन समाजहित करण्याचे काम केले असल्याचे मत प्रा. ज्ञानेश्वर कवाड यांनी व्यक्त केले आहे. सीताबाई थिटे कॉलेजचे निघोज येथे गेली तीन दिवसांपासून श्रमसंस्कार शिबीर सुरु असून या दरम्यान ग्रामस्वच्छता अभियान, आरोग्य शिबीर, लोकप्रबोधन आदी उपक्रम सुरु आहेत.

यावेळी मंळगंगा ग्रामीण विकास ट्रस्ट, निघोज ग्रुप ग्रामपंचायत व ग्रामस्थ, पारनेर तालुका पत्रकार संघ व राज्य मराठी पत्रकार संघ यांनी या सामाजिक उपक्रमात सहभागी होऊन विद्यार्थ्यांचे कौतुक केले. शिरूर येथील वेदांत हॉस्पिटलचे संचालक डॉ. आकाश सोमवंशी, नेत्र चिकित्सक डॉ. दर्शन ढगे तसेच डॉ. विक्रम वराळ यांनी यावेळी अस्थिरोग निदान तसेच आरोग्य विषयक तपासणी करीत रुग्णांना मार्गदर्शन केले.



महाविद्यालयाचे माजी विद्यार्थी सचिन गाडे, बाबाजी गलांडे, सतिश शिंदे यांनी रुग्णांना मोफत औषधे उपलब्ध करून दिली. शिवव्याख्याते सागर भालके यांनी विद्यार्थ्यांना शिवछत्रपतींचा विचार व आचार प्रत्यक्ष जिवणात आणून समाजाभिमुख काम करण्याचे आवाहन केले. मंगेशकर हॉस्पिटलचे डॉ. निलेगावकर यांनी विद्यार्थ्यांशी संवाद साधत आरोग्य आणि समाज यावर प्रबोधन केले.

यावेळी पारनेर तालुका पत्रकार संघाचे उपाध्यक्ष भास्करराव कवाड, व्यवसायीक मोहन कवाड, पारनेर तालुका मराठी पत्रकार संघाचे

खजिनदार विजय रासकर, पत्रकार संदीप ईंधाटे, पत्रकार संघाचे शहराध्यक्ष योगेश खाडे, आनंद भुवन यांनी या शिबिरासाठी विशेष सहकार्य केले.

संस्थेचे अध्यक्ष राजेंद्र थिटे, धनंजय थिटे, कॉलेजचे प्राचार्य डॉ. द्वारकादास बाहेती, कार्यक्रम अधिकारी मोनाली परभाणे यांनी शिक्षण संस्थेची माहिती देत निघोज ग्रामस्थ व विविध संस्था करीत असलेल्या सहकार्याबद्दल धन्यवाद व्यक्त करीत आभार मानले. मंळगंगा ग्रामीण विकास ट्रस्टचे अध्यक्ष प्रभाकरशेट कवाड, उपाध्यक्ष शांताराम लंके, कोषाध्यक्ष ज्ञानदेव लंके, सचिव शांताराम कळसकर, सहसचिव रामदास

वरखडे, संघटक अॅड बाळासाहेब लामखडे, संदीप पाटील वराळ जनसेवा फौंडेशनचे तालुका अध्यक्ष सचिन वराळ पाटील, सरपंच चित्राताई वराळ पाटील, उपसरपंच माऊली वरखडे, तंटामुक्ती समितीचे अध्यक्ष मंगेशशेट लाळगे, अल्पसंख्याक समाजाचे नेते अस्लमभाई इनामदार डिजिटल चावडी या सामाजिक संस्थेचे अध्यक्ष मंगेश वराळ यांनी या कॉलेजच्या विद्यार्थ्यांचे कौतुक करीत श्रमसंस्कार शिबीराच्या माध्यमातून होत असलेल्या सामाजिक कामांचे कौतुक करीत हे शिबीर म्हणजे जनतेला प्रेरणामय सामाजिक संदेश असल्याचे सांगितले.

नगर सह्याद्री

श्रमसंस्कार शिबिरातून वैचारिक तरुण घडविण्याचे कार्य : वराळ

निघोज | नगर सह्याद्री

श्रमसंस्कार शिबिरातून वैचारिक तरुण घडविण्याचे काम होत असून ज्येष्ठांचे अनुकरण करीत आजच्या युवकांनी सामाजिक कामांच्या माध्यमातून कार्यरत राहण्याची गरज असून सीताबाई थिटे कॉलेज ऑफ फार्मसी या शिबिराच्या माध्यमातून सामाजिक, वैद्यकीय, शैक्षणिक व लोकप्रबोधनपर काम करीत असल्याचे प्रतिपादन संदीप पाटील वराळ जनसेवा फाँडेशनचे तालुका अध्यक्ष सचिन वराळ पाटील यांनी व्यक्त केले आहे.

सिताबाई थिटे कॉलेज ऑफ फार्मसी राष्ट्रीय सेवा योजना हिवाळी विशेष शिबिराचे निघोज येथे उद्घाटन झाले, यावेळी सरपंच चित्राताई



वराळ पाटील व उपसरपंच ज्ञानेश्वर वरखडे, बबन, खवडा, गिर्दाब, कोती फेम अमोल दादा थोरात, महाविद्यालयाचे प्राचार्य डॉ डी जे बोहती, विश्वस्त भास्करराव वराळ पाटील, पारनेर तालुका पत्रकार संघाचे कार्याध्यक्ष दत्ताजी उनवणे, उपाध्यक्ष भास्करराव कवाड, संदीप पाटील वराळ जनसेवा फाँडेशनचे तालुका प्रवक्ते अस्लमभाई इनामदार, आरोग्यसेविका श्रीमती गायकवाड, कार्यक्रम अधिकारी

मोनाली परभणे, गणेश वराळ आदी मान्यवर उपस्थित होते.

वराळ पाटील यावेळी म्हणाले सीताबाई थिटे कॉलेज ऑफ फार्मसी हे शिरूर शहरातील नामांकित कॉलेज असून सेवाभाव महत्वाचा असल्याचे त्यांनी प्रत्यक्ष कृतीतून दाखवून दिले आहे. या परिसरत श्रमसंस्कार शिबीर घेउन त्यांनी या भागातील विकासकामांचे अवलोकन करण्याची गरज असून शिक्षणानंतर आपल्या गावात आपण काय करू

शकतो हे त्यांना प्रत्यक्ष विकासकामे पाहूनच करता येईल असे प्रतिपादन त्यांनी व्यक्त केले आहे. कार्यक्रमा प्रसंगी उपसरपंच माउली वरखडे यांनी सांगितले की निघोज परिसरात संदीप पाटील वराळ जनसेवा फाँडेशनचे तालुका अध्यक्ष सचिन वराळ पाटील यांच्या नेतृत्वाखाली व मार्गदर्शनखाली मोठ्या प्रमाणात विकासकामे झाली आहेत याचीही माहिती विद्यार्थ्यांना होणार आहे. विद्यार्थी ग्रामीण भागातील आहे मात्र ते शहरात शिक्षण घेत असल्याने ग्रामीण भागात विकासाचे काम कशाप्रकारे करता येते याची माहिती त्यांना होणार आहे असे सांगितले. कार्यक्रमाचे आयोजन मोनाली परभणे यांनी केले.



पारनेर दर्शन

श्रमसंस्कार शिबिरातून वैचारिक तरुण घडविण्याचे कार्य

सचिन वराळ पाटील यांचे प्रतिपादन



निघोज : प्रतिनिधी

श्रमसंस्कार शिबिरातून वैचारिक तरुण घडविण्याचे काम होत असून ज्येष्ठांचे अनुकरण करीत आजच्या युवकांनी सामाजिक कामांच्या माध्यमातून कार्यरत राहण्याची गरज असून सीताबाई थिटे कॉलेज ऑफ फार्मसी या शिबिराच्या माध्यमातून सामाजिक, वैद्यकीय, शैक्षणिक व लोकप्रबोधनपर काम करीत असल्याचे प्रतिपादन संदीप पाटील वराळ जनसेवा फौंडेशनचे तालुका अध्यक्ष सचिन वराळ पाटील यांनी व्यक्त केले.

सिताबाई थिटे कॉलेज ऑफ फार्मसी राष्ट्रीय सेवा योजना द्विवाळी विशेष शिबिराचे निघोज येथे उद्घाटन झाले, यावेळी सरपंच चिन्नाई वराळ पाटील व उपसरपंच ज्ञानेश्वर वरखडे, बबन, खड्डा, गिर्दाव, कोती फेम अमोल दादा थोरात, महाविद्यालयाचे प्राचार्य डॉ. डी. जे. बोहती, मंळगंगा ग्रामीण विकास ट्रस्टचे विश्वस्त भास्करराव वराळ, पारनेर तालुका पत्रकार संघाचे कार्याध्यक्ष दत्ताजी उनकणे, उपाध्यक्ष भास्करराव कवाड, संदीप पाटील वराळ जनसेवा फौंडेशनचे तालुका प्रवक्ते अस्लमभाई इनामदार, गायकवाड मॅडम, कार्यक्रम अधिकारी मोनाली परभणे गणेश वराळ आदी मान्यवर उपस्थित होते.

श्री. वराळ पाटील यावेळी म्हणाले सीताबाई थिटे कॉलेज ऑफ फार्मसी हे शिस्तर शहरातील नामांकित कॉलेज असून सेवाभाव महत्वाचा असल्याचे त्यांनी प्रत्यक्ष कृतीतून दाखवून दिले आहे. या परिसरत श्रमसंस्कार शिबीर घेऊन त्यांनी

या भागातील विकासकामांचे अवलोकन करण्याची गरज असून शिक्षणानंतर आपल्या गावात आपण काय करू शकतो हे त्यांना प्रत्यक्ष विकासकामे पाहूनच करता येईल असे प्रतिपादन त्यांनी व्यक्त केले आहे.

या कार्यक्रमा प्रसंगी उपसरपंच माऊली वरखडे यांनी सांगितले की, निघोज परिसरात संदीप पाटील वराळ जनसेवा फौंडेशनचे तालुका अध्यक्ष सचिन वराळ पाटील यांच्या नेतृत्वाखाली व मार्गदर्शिनखाली मोठ्या प्रमाणात विकासकामे झाली आहेत याचीही माहिती विद्यार्थ्यांना होणार आहे. विद्यार्थी ग्रामीण भागातील आहे मात्र ते शहरात शिक्षण घेत असल्याने ग्रामीण भागात विकासाचे काम कशाप्रकारे करता येते याची माहिती त्यांना होणार आहे. महाविद्यालयाचे प्राचार्य डॉ. डी. जे. बाहेती यांनी आपल्या मनोगतामध्ये महाविद्यालयीन जीवनामध्ये असणारे शिबिराचे महत्त्व सांगितले व विद्यार्थ्यांना शुभेच्छा दिल्या. या कार्यक्रमाचे विशेष आकर्षण असलेले सिने अभिनेते अमोल दादा थोरात यांनीही त्यांच्या कलेतून मुलांना प्रबोधन केले.

या शिबिरामध्ये जवळपास ८६ नागरिकांनी मोफत नेत्र तपासणी व मोफत औषध वाटप याचा लाभ घेतला. सायंकाळी संमोहन शास्त्राचा कार्यक्रम पार पडला. या मध्ये संपदा कांदळकर यांनी मुलांना प्रात्यक्षिक करून मुलांच्या बौद्धिक क्षमता वाढवण्यासाठी संमोहन शास्त्र कसे उपयोगी पडते हे सांगितले. कार्यक्रमाचे सुवसंचालन व आयोजन सी. मोनाली परभणे यांनी केले.

नगर सहाद्री

संपादन - शिवराजी शिंदे

सीताबाई थिटे फार्मसी महाविद्यालयाचा प्रेरणादायी उपक्रम

निघोज । नगर सहाद्री

शिरूर येथील सीताबाई थिटे बी फार्मसी कॉलेजचे गेली सहा दिवसांपासून निघोज व परिसरात श्रमसंस्कार शिबिर सुरु असून जगप्रसिद्ध रांजणखळगे परिसरात ग्रामअभियान ग्रामस्वच्छता, तसेच निघोज व परिसरात आरोग्य शिबीर, विद्यार्थ्यांनी घरोघरी जाऊन आरोग्य योजनेची माहिती देत या महाविद्यालयाच्या विद्यार्थ्यांनी शिबीराच्या माध्यमातून एक प्रेरणादायी उपक्रम राबवला आहे.

सोमवार दि.२९ रोजी या विद्यार्थ्यांनी निघोज येथील स्मशानभूमीतील परिसर झाडून घेतला तसेच पाण्याचे टँकर आणून त्यांनी पाण्याने पुर्ण परिसर स्वच्छ केला आहे. तब्बल पाच तास सत्तर पेक्षा जास्त विद्यार्थी हे स्मशानभूमी स्वच्छता काम करीत होते. महाविद्यालयाचे अध्यक्ष राजेंद्र थिटे, धनंजय थिटे, कॉलेजचे प्राचार्य डॉ द्वारकादास बाहेती, कार्यक्रम अधिकारी प्रा मोनाली परभाणे आदींच्या मार्गदर्शनाखाली

त्यांनी पाच तासांपेक्षा जास्त वेळ काम करीत स्मशानभूमी चकाचक करण्याचे काम केले आहे. यावेळी सरपंच चित्राताई वराळ पाटील, उपसरपंच माऊली वरखडे, भाजपचे सांस्कृतिक विभागाचे तालुका अध्यक्ष विलासराव हारदे, विश्वस्त संतोष रसाळ, पारनेर तालुका पत्रकार संघाचे कार्याध्यक्ष दत्ताजी उनवणे, संचालक उत्तम मोरे, संतोष गायखे, जनाभाऊ पांढरकर, दत्तात्रय ठुबे, अरिफभाई शेख उपस्थित होते. कार्यक्रम अधिकारी प्रा. परभाणे म्हणाल्या, श्रमसंस्कार शिबीराच्या माध्यमातून विद्यार्थ्यांना फार काही शिकता येते. या भागातील स्वच्छता करताना आपण घरातील लोकांना मदत करीत असल्याची त्यांची मानसिकता समाजाला सेवाभावी कामांची प्रेरणा देउन जात आहे. गेली सहा दिवस निघोज येथील सर्वच संस्थांनी चांगल्या प्रकारे सहकार्य केले असून श्रमसंस्कार शिबीराच्या माध्यमातून विद्यार्थ्यांना फार काही शिकायला मिळाले असल्याची माहिती त्यांनी दिली आहे.

सीताबाई कॉलेजचा आरोग्य शिबीर उपक्रम सामाजिक हिताचा

निघोजला श्रमसंस्कार शिबिर संपन्न

निघोज : प्रतिनिधी

शिरूर येथील सीताबाई थिटे डी फार्मसी कॉलेजने निघोज येथे आरोग्य शिबीर घेऊन समाजहिताचे काम केले असून श्रमसंस्कार शिबीराच्या माध्यमातून सामाजिक, शैक्षणिक व आरोग्यमय उपक्रम राबवीत कॉलेजने जनतेच्या सुखा दुःखात सहभागी होऊन समाजहित करण्याचे काम केले असल्याचे आहे.

सीताबाई थिटे कॉलेजचे निघोज येथे गेली तीन दिवसांपासून श्रमसंस्कार शिबीर सुरु असून यामध्ये ग्रामअभियान ग्रामस्वच्छता अभियान, आरोग्य शिबीर, वाडी वस्तीवर जाऊन विद्यार्थ्यांनी लोकांच्या आरोग्याच्या अडचणी जाणून घेऊन प्रश्नांचे निराकरण केले तसेच गाव व परिसरातील विकासकामांचे मुल्यमापन करीत लोकप्रबोधन करीत जनतेला विकासाभिमुख संदेश देत विकासकामांची माहिती दिली.

यावेळी मळगंगा ग्रामीण विकास ट्रस्ट, निघोज ग्रुप ग्रामपंचायत व ग्रामस्थ, पारनेर तालुका पत्रकार संघ व राज्य मराठी पत्रकार संघ यांनी या सामाजिक उपक्रमात सहभागी होऊन विद्यार्थ्यांचे कौतुक केले. शिरूर येथील वेदांत हॉस्पिटलचे संचालक डॉ.आकाश सोमवंशी, नेत्र चिकित्सक डॉ. दर्शन ढगे तसेच डॉ विक्रम वराळ यांनी यावेळी अस्थिरोग निदान तसेच आरोग्य विषयक तपासणी करीत रुग्णांना मार्गदर्शन



■ शिरूर येथील सीताबाई थिटे डी फार्मसी कॉलेजच्या श्रमसंस्कार शिबीर निमित्ताने झालेल्या विविध कार्यक्रमात लोकांचा मोठ्या प्रमाणात प्रतिसाद मिळाला.

(छाया : संदीप ईंधाटे ,निघोज)

केले. महाविद्यालयाचे माजी विद्यार्थी सचिन गाडे, बाबाजी गलांडे, सतिश शिंदे यांनी रुग्णांना मोफत औषधे उपलब्ध करून दिली. शिवव्याख्याते सागर भालके यांनी विद्यार्थ्यांना शिवछत्रपतींचा विचार व आचार प्रत्यक्ष जिवनात आणून समाजाभिमुख काम करण्याचे आवाहन केले. मंगेशकर हॉस्पिटलचे डॉ. निलेगावकर यांनी विद्यार्थ्यांशी संवाद साधत आरोग्य आणि समाज यावर प्रबोधन केले.

यावेळी भास्कर कवाद, व्यवसायिक मोहन कवाद, पत्रकार विजय रासकर, पत्रकार संदीप ईंधाटे, पत्रकार योगेश खाडे, आनंद भुक्न यांनी या शिबिरासाठी विशेष सहकार्य केले. संस्थेचे अध्यक्ष राजेंद्र थिटे, धनंजय थिटे, कॉलेजचे प्राचार्य डॉ द्वारकादास

बाहेती, कार्यक्रम अधिकारी मोनाली परभाणे यांनी शिक्षण संस्थेची माहिती देत निघोज ग्रामस्थ व विविध संस्था करीत असलेल्या सहकार्याबद्दल धन्यवाद व्यक्त करीत आभार मानले.

संदीप पाटील वराळ जनसेवा फौंडेशनचे तालुका अध्यक्ष सचिन वराळ पाटील, सरपंच चित्राताई वराळ पाटील, उपसरपंच माऊली वरखडे, मंगेश लाळगे, अस्लमभाई इनामदार, मंगेश वराळ यांनी या कॉलेजच्या विद्यार्थ्यांचे कौतुक करीत श्रमसंस्कार शिबीराच्या माध्यमातून होत असलेल्या सामाजिक कामांचे कौतुक करीत हे शिबीर म्हणजे जनतेला प्रेरणामय सामाजिक संदेश असल्याचे सांगितले.



सावित्रीबाई फुले पुणे विद्यापीठ, पुणे
 राष्ट्रीय सेवा योजना व
 श्री छत्रपती संभाजी शिक्षण संस्थेचे
सिन्हावाडे थिटे कॉलेज ऑफ फार्मसी
 शिरूर, ना.शिरूर, जि.पुणे
 यांच्या संयुक्त विद्यमाने
विशेष भ्रम संस्कार शिबीर
 निधीस श्रेष्ठ : नियोजन, ना.पारनेर, जि.अहमदनगर
 मा.श्री.राजेवती दिडे
 अहमद, श्री छत्रपती संभाजी शिक्षण संस्था, शिरूर
 मा.श्री.हर्षवर्धन दिडे
 आचार्य विद्यापीठ थिटे कॉलेज ऑफ फार्मसी, शिरूर
 मा.श्री.धनंजयजी दिडे
 अहमद, श्री छत्रपती संभाजी शिक्षण संस्था, शिरूर
 मा.प्रा.श्री.दत्तकान्दास बाई
 आचार्य विद्यापीठ थिटे कॉलेज ऑफ फार्मसी, शिरूर
 प्रा.श्री.मोनाली परभाणे
 शिक्षक, अहमदनगर, ना.पारनेर



Ahmednagar, MH, India
Parner, Ahmednagar, 414306, MH, India
Lat 18.960609, Long 74.278925
25/01/2024 10:17 PM GMT+05:30
Note : Captured by GPS Map Camera



Ahmednagar, MH, India
Parner, Ahmednagar, 414306, MH, India
Lat 18.960582, Long 74.278915
25/01/2024 08:58 PM GMT+05:30
Note : Captured by GPS Map Camera





Nighoj, Maharashtra, India
X75H+XQ5, Nighoj, Maharashtra 414306, India
Lat 18.959376°
Long 74.279369°
26/01/24 08:49 AM GMT +05:30

GPS Map Camera

Google



Lat 18.933704, Long 74.263102
26/01/2024 07:15 PM GMT+05:30
Note : Captured by GPS Map Camera

GPS Map Camera







GPS Map Camera
Ahmednagar, MH, India
Parner, Ahmednagar, 414306, MH, India
Lat 18.933562, Long 74.263154
26/01/2024 07:39 PM GMT+05:30
Note : Captured by GPS Map Camera



GPS Map Camera
Ahmednagar, MH, India
Parner, Ahmednagar, MH, India
Lat 18.933784, Long 74.263329
27/01/2024 07:24 AM GMT+05:30
Note : Captured by GPS Map Camera



GPS Map Camera

Ahmednagar, MH, India
Parner, Ahmednagar, 414306, MH, India
Lat 18.933633, Long 74.263083
27/01/2024 07:19 AM GMT+05:30
Note : Captured by GPS Map Camera





Ahmednagar, MH, India
Parner, Ahmednagar, 414306, MH, India
Lat 18.933653, Long 74.263082
27/01/2024 07:17 AM GMT+05:30
Note : Captured by GPS Map Camera



Lat 18.960594, Long 74.278934
28/01/2024 10:42 PM GMT+05:30
Note : Captured by GPS Map Camera



